

1 1. A hockey goalie training device comprising:
2 a garment to be worn on the torso of a goalie,
3 a bar holding block attached to the front of the garment to position the bar holding
4 block on the chest of the goalie,
5 a bar for attaching to the bar holding block such that the bar extends across the
6 chest of the goalie and extends out laterally on either side of the goalie to prevent the
7 arms of the goalie from moving away from his torso.

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1 2. A hockey goalie training device as in claim 1 wherein,
2 the bar holding block has apertures therein,
3 the bar has pins for engaging the apertures of the bar holding block,
4 a flap attached to the garment for extending over the bar and bar holding block to
5 keep the bar and bar holding block engaged.

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1 3. A hockey goalie training device as in claim 1 wherein,
2 the bar holding block is integral with the garment.

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1 4. A hockey goalie training device as in claim 1 wherein,
2 a pouch on the garment contains the bar holding block.

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1 5. A hockey goalie training device as in claim 4 wherein,
2 a shoulder strap is attached to the pouch,
3 a back strap is attached to the back of the garment,
4 a means for adjustably connecting the shoulder strap to the back strap to adjust the
5 position of the pouch on the goalies' chest.

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1 6. A hockey goalie training device as in claim 5 having,
2 a belt strap attached to the garment,
3 a belt strap connector attached to the bar holding block,
4 a means of connecting the belt strap to the bar holding block.

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